New Buckenham Parish News



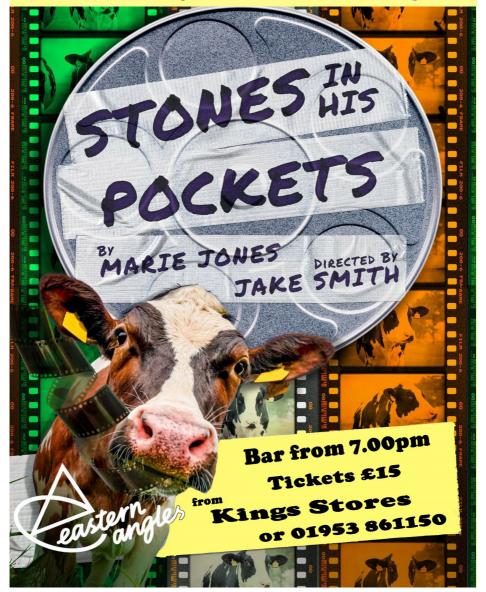
NEW BUCKENHAM A'RT EXHIBITION EASTER WEEKEND

Opening Night: Friday 29th March, 7:30pm. Admission £5, including wine and nibbles.

Sat 30th March / Sun 31st March / Mon 1st April Open 11am-4:30pm. Admission £2.

March 2024

New Buckenham Village Hall Wednesday, 20 March 7.30pm



New Buckenham Parish News

March 2024

Eastern Angles: Stones in His Pockets

New Buckenham Village Hall, 20th March 7:30pm. Bar 7pm.

Tickets: £15 from Kings Stores or ring 01953 861150

Venture across the Irish Sea to County Kerry as Eastern Angles present Stones In His Pockets. Local lads Jake and Charlie are working as extras on a Hollywood epic movie that has taken over their small village in rural Ireland. Switching from plucky Irish extra to know-it-all American movie star with a flick of the wrist, Jake and Charlie take on all 15 characters to tell the story of the impact this movie has on their local community. The result is a sad, hilarious and irresistible play that pushes the boundaries of storytelling.

Inspired by the cinematic stylings of Wes Anderson, Eastern Angles are also adding newly composed music and video projection to the multi-award winning play. A hit in Dublin, Edinburgh and London's West End, Stones In His Pockets is a chance for audiences to laugh, cry and revel in the power of theatricality.

Juliet Fulford

Sponsor the Parish News

We are very grateful to New Buckenham Cricket Club for sponsoring this month's magazine. If you would be interested in sponsoring an issue of *Parish News* or advertising in the magazine, please contact Mary Dowson on 01953 860320 or email mdowson@btinternet.com.

Parish News Committee

New Buckenham Art Exhibition 2024

Opening Night: Friday 29th March, 7:30pm, admission £5

General Admissions: Saturday 30th March, Sunday 31st March,

Monday 1st April, 11:00am to 4:30pm, admission £2

There has been very good response from artists to exhibit at our New Buckenham Art Exhibition. It should be another interesting and lively display of all styles of pictures in a wide variety of materials. Several new artists and always those who have been exhibiting for many years.

We would like to remind you we do need to know from our helpers if you are able to help.

Helpers' Rota: Please contact Clive on 860572, mobile/text 07732598937 or email clive.a.rush@gmail.com.

Baking: Don't forget we would love you to bake a cake for the refreshments if you can and please deliver it to the Village Hall on Saturday by 10am.

Raffle Prizes: There is still time to donate a prize for the raffle. Raffle Prizes to the Village Hall on the Friday 29th after 10am. Lastly, do come with your family and friends to see this great show! Clive Rush

Art Exhibition Committee

March 2024

Art Exhibition: Thursday Night Set Up

As always, we will be setting up the display boards for the Easter Art Exhibition on the Thursday evening before Good Friday (28th March). The Silver Band have kindly given up their regular rehearsal slot so we can start at 6.30pm. So, if you can spare an hour or so at the Village Hall then please come along and lend a hand!

Also, please remember on Monday afternoon (1st April) from about 4:30pm we will be taking them down again and getting the Village Hall back to normal, so again please come along if you can.

Many thanks,

Jon Halfacree

Art Exhibition Committee

860064 or jonhalfacree@btinternet.com

Bucks Photoshow 17th–19th May

The Bucks Photoshow returns this year, this time held on the weekend before the Spring Bank Holiday. Full details will be announced later, but local photographers will wish to start thinking about exhibiting their work.

All enquiries please to photoshow@newbuckenham.net.

Charles Oxley

New Buckenham Arts

Gardening Group

Hello again from us at the Gardening Group and we are pleased to welcome Ian Ludbrook back to the Group. We worked out that he left the village to live in Forncett St Peter about 15 years ago having been instrumental in the workings of the Group and single-handedly entered us into Anglia in Bloom where we won Best New Village (pop.<600).

This year, as you are no doubt aware as you have had a flyer through your door, we are holding another Open Gardens event on Sunday 30th June. We already have 10 gardens, but we need more. It's a great social occasion with many visitors and we raise money to subsidise the Village Show and also donate to garden-orientated charities. If you have entered before or just thought about entering, please give me a call.

In addition there are 17 benches in and around the village and Dr Mandy has had the brilliant idea that some or all of them are decorated for Open Gardens. She is looking for volunteer families to adopt a bench and decorate it the week preceding 30th June and then the Open Gardens visitors will be provided with a form to vote for their favourite. More from Mandy in this and later PN issues!

If you do not wish to open your garden or decorate a bench, you can assist by volunteering. We need cakes (including vegan cakes) and lots of them, car-park attendants, plant-stall holders and helpers to serve refreshments. We try to have as many helpers as possible, so everyone gets a chance to visit the gardens during the afternoon.

One volunteer we do need is a First Aider. We have not had to use the services of a First Aider at previous Open Gardens, but we do need someone to be available that afternoon.

Refreshments are served from 12:30pm, with tickets being sold from 1pm until 5pm and gardens closing at 6pm, still at the old price of £5

with children under 14 free. Let your friends and families know.

Which brings us to the Village Show, which this year is being held on Saturday 27th July. We will be needing entries and cakes for refreshments as well.

We are extending the time for you to get your entry forms to Karen prior to the show until Friday 26th July at 7pm. This is so that she can prepare the exhibitor cards for each of your entries. You will find the entry form on the back page of the schedule or will be able to download one from newbuckenham.net. The schedules are being prepared and will be distributed during March.

We do ask, please, that the proper forms are used and you identify which classes you are entering, as this helps at a time when we are at our busiest on the Saturday morning.

Also, please bring your entries on the Saturday morning before 10:30am as, again, it is our busiest time and judging must commence promptly at 10:45am.

I will write again with more details as we approach each event. This is going to be a good year for Open Gardens and Village Show entries as they have all had a good watering this winter!

Jimps

01953 860191

Calling All Families!

We have some exciting plans for celebrating this year's Open Gardens, which is being held on 30th June. We hope the families in the village would like to get involved by decorating a bench, with a fantastic prize for the best decorated!

The ideas are endless from fancy pots, pretty flowers, a nature garden to any theme you like, maybe even a castle! We plan to produce a map, so villagers and visitors to the Open Gardens can walk around and have a look at all the benches. They will then vote for their favourite.

I for one can't wait to see them. The children have been wonderful in helping with Children's Garden at the Village Hall. Their designs for the sculpture were incredible. If they apply this to decorating the benches, I think we are in for a treat!

We have about sixteen benches in the village and are currently seeking permission to use them in this competition. Once we have created the map, we will be looking for families who would like to take part. Please let me know if you are interested. There will of course be posters and flyers with details of the event and instructions for your bench given out nearer the time.

Mandy Hartley (email: TLSTC@outlook.com) & Jimpy

Community Car Service

I am very happy to announce that Alice Cattermole will be taking over the role of Coordinator from 4th MARCH.

I took on the role of Acting Coordinator three and a half years ago, following the rather sudden retirement and death of Violet Highton, who had managed the scheme for over 10 years. I will continue to be a volunteer driver for the scheme, but it will now be Alice's phone number to call to request a car from the service.

As from 4th March, please call Alice on 01953 860136 to request transport.

The Community Car Scheme will continue to provide volunteer car transport for parishioners who are unable to access suitable transport for non-emergency health-related journeys, such as GP, hospital, optician, dental or other physical or mental-health appointments.

We are very grateful to Alice for taking on this role and I hope she will enjoy it and find it as rewarding as do the volunteer drivers and as worthwhile and valuable as do the users of the scheme!

Alice will be very pleased to hear both from those needing the service and anyone who might be interested in becoming a volunteer driver.

Gerry Walsh

9

Retiring Coordinator!

News from the Pews

Lent Course: The Lent course continues on Tuesday evenings 7:30–9pm in the nice warm Village Hall! This year we are reflecting on some well-known and inspirational people of the Christian faith. Still to come:

5th March: The Revd Dr Peter Doll speaking on St Benedict 12th March: The Revd Richard Stanton speaking on Mother Julian of Norwich

Mothering Sunday: Our service will be Choral Evensong this year at 4:30pm.

Holy Week and Easter Services: The group Palm Sunday procession and service on 24th March will be here again this year. There are evening services all through Holy Week around the group of churches and we are delighted to have our own joyful celebration here on Easter Day (31st March) at 4:30pm. All welcome, chocolate provided!

Lilies and Candles: If you've ordered a lily in memory of a loved one, please come and collect it from the back of the church between 2–3pm on Good Friday (29th March) and place it near the front where it will be displayed over the Easter weekend. Come and go as you please during an hour of Music and Meditation with the choir, a bit like Nine Lessons and Carols. This is not a service, everyone of any faith or none is welcome. It's not too late to order your lilies – just contact Louise on the number below, or just come and light a candle.

Coffee and Books: Village & Vestry, the fundraising group that helps to keep the building standing and maintained, will host the first coffee morning of the year on 23rd March. This will be a great event for all, with craft and other stalls, raffle and live music. If you would like to book a stall, please contact Susie below. Coffeemates! will start up again on 13th April, then every second Saturday of the month until October, and our bargain bookstall is open every day from 10am until dusk.

Musical Matters: We are planning a thank you event for George Burrows on Saturday 20th April to mark his many years as organist here. Meanwhile, we are delighted to have appointed Peter Lee as our regular organist, with Grant Pilcher and Sarah Dye helping out.

We would love to have some more members for our evensong (and Good Friday) choir. No audition, just come and enjoy the singing! 7pm Monday March 4th, 11th and 25th.

Susan Hilton-Jowett (AWA) 860929

Louise Casson (Churchwarden) 860191



COFFEE MORNING



Saturday 23rd March (10.30am)

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Stalls - Cards/ Jams / Crafts
Easter Egg Raffle



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St Martin's Services: March 2024

Sun 3rd	10:00am	Group Service at Kenninghall	Lent 3
Sun 10th	4:30pm	Choral Evensong	Mothering Sunday
Sun 17th	11am	Holy Communion	Lent 5
Sun 24th	10:00am	Group Service with procession from Green	Palm Sunday
Mon 25th	7:30pm	Evening Reflection at Banham	Holy Week
Tues 26th	7:30pm	Evening Reflection at Eccles	Holy Week
Weds 27th	7:30pm	Evening Reflection at Kenninghall Holy W	
Thurs 28th	7:30pm	Maundy Thursday Holy Communion at Quidenham	Holy Week
Fri 29th	2pm	Music and Meditation with placing of lilies	Good Friday
Sat 30th	8pm	Service of Light at Old Buckenham	Holy Saturday
Sun 31st	4:30pm	Holy Communion	Easter Day

For more information about services, contact:

Priest in Charge: Revd Sarah Walsh (01953 571549)
Authorised Worship Assistant: Susan Jowett (01953 860929)

New Buckenham Parish Council

Our March Parish Council meeting will take place on Tuesday 12th March at 7:30pm in the Large Meeting Room at the Village Hall. A warm welcome is extended to all parishioners.

A reminder that the agenda relevant to each meeting will be posted on the noticeboard on the Village Green and on the website (www.newbuckenhampc.info), where you will also find further information about the Parish Council.

Meeting dates for 2024: 9th April; 14th May; 11th June; 9th July; 10th September; 8th October; 12th November and 10th December. The Parish Council does not meet in August.

At our February meeting, there was some discussion about parking and obstruction of footpaths in a way which can cause problems, first for emergency vehicles, but also for people in wheelchairs or with prams who have to go out into the road. This is particularly relevant in some of the narrower streets in the village, but, throughout the village, we would ask that you park on your property if you have space, consider where you are placing plant pots outside your house on the pavements or roadside, and take your bin in when it has been emptied. It is clear that there are things which we can all do to help each other in the village, so, on behalf of the Parish Council, may I request once more that you drive and park safely in our lovely village and ensure that your actions don't cause problems for your fellow villagers? Thank you, your help with this is much appreciated.

Karen Hobley

Parish Council Chair

01953 860529 / karenhobley@hotmail.com

New Buckenham Parish Council

Chair: Karen Hobley

(01953 860529 / karenhobley@hotmail.com)

Vice-Chair: Andrew Bingham

(01953 861150 / andrew.bingham100@gmail.com)

Councillors: Don Crossman (01953 861246)

Mary Dowson (01953 860320) Steve Highton (01953 860000) Mary Manning (01953 861242) Paul Martin (01953 861117)

Clerk: Angela Thornton (01953 887830 /

parishclerk@newbuckenham.net)

The Parish Council meets at 7:30pm on the second Tuesday of every month at the Village Hall. Further information can be found on our notice board on the Village Green or www.newbuckenhampc.info.

William Barber Trust

The William Barber Trustees are looking for someone to join the small committee to help monitor and maintain the four Almshouses in the village. These houses were re-built in 1861, but were the legacy of William Barber who died in 1693 and are for villagers who find themselves in need. The Trustees act as befrienders to the residents and look after the properties.

If you are willing to give up a small amount of your time to keep this historic trust active within the village, please contact Jon Frith on 07534 353713 or jon.frith@frith-blake.co.uk Thank you.

Mary Dowson on behalf of The William Barber Trust.

The Crocus

Growing in the grass between the lime trees on Market Place are several patches of pale lilac crocus, which are part of the iris family of plants. The first patch appeared between the trees closest to the road edge of Boosey's Walk and opposite the gates to Saffron House. This year, that patch seems smaller and less dense, but the flowers have spread and created a larger patch between the four lime trees opposite Oak Cottage. Single plants have migrated to other parts of Market Place, including under the chestnut tree.

Blooming in early spring, from February to April, *crocus tommasinianus* opens in daylight providing early nectar and pollen for hairy-footed flower bees, honey bees, spring mining bees and queen bumble bees emerging from hibernation on warmer days. The flower closes again as the light fades. A queen bumble bee was buzzing in and out of the flowers on the larger patch in the middle of February. Maybe she had been asleep in the flower overnight when it closed, as some queen bumble bees are known to do.

The spread of the crocus here proves that they are a good naturaliser. This means the plant readily multiplies without any intervention, with baby corms growing on the sides of the mother corm. The plant also sets its own seed if left to mature.

To maximise the health and spread of the crocus for subsequent springs it should not be dead-headed or cut back too soon. Being left for about six weeks after flowering allows the seed capsules to develop, giving a double opportunity for the plants to spread.

Although possibly looking a little bedraggled after the three weeks or so of pleasure the flowers have given, the plant continues to photosynthesise through the remainder of its leaves. The food this creates is stored in the corm giving it the energy to grow and produce flowers the following year.

The largest display of wild spring crocus can be seen on Inkpen Common in Berkshire. Across an area of nearly 7½ acres some 400,000 crocus have naturalised over a period of 200 years. Local legend says the crocus was brought back from central Europe by 12th-century crusaders or could be garden escapees that have become established over two centuries.

Although all parts of the crocus are poisonous, the wild crocus has a low toxicity and, when eaten, it causes a mild stomach upset.

The autumn crocus has a far greater toxicity, but produces a substance called colchicine from its bulb-like corms. According to an ancient Egyptian manuscript, colchicine has been used medicinally since 1500 BC. Purified and isolated from other parts of the plant in 1800, the colchicine was used to treat the inflammatory condition gout. No doubt the wealthy, stout Victorian gentleman, with his throbbing foot caused by over indulgence, resting on a gout stool received welcome relief from a plant that, without purification, would have killed him.

The crocus sativus, or saffron crocus, is the only one which can be safely eaten. The purple flower has three vivid red stigma which are collected by hand and dried for use as a golden yellow colouring and seasoning in food. Because the stigma weigh so little, are harvested by hand needing 150 to 200 to create 1g of saffron, it is considered to be the world's most expensive spice. Just 1g, or 0.035 oz can cost from £15 depending on the depth of its colour, purity and origin. The best saffron is thought to come from Iran.

Originally known as Walden, the Essex town of Saffron Walden changed its name in the 16th century, when the production of saffron was at its peak. The light, rich soil around Saffron Walden was ideal for the plants cultivation when initially it was used for yellow dye for the wool trade. The trade lasted in the town for 200 years before cheaper imports inevitably led to its demise.

With saffron having also been grown in Cambridgeshire, Suffolk and Norfolk, does Saffron House in Boosey's walk have history relating to crocus sativus?

Having given a welcome display of colour alongside the snow drops, brightening what feels like endless grey days and almost constant rain, it will be interesting to see how much more of Market Place will be graced with this delicate little flower next spring.

Kim Cutmore

Weavers [by the sheep]





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Dates For Your Diary

March 2024			
Tues 5th	Lent course (St Benedict), Village Hall, 7:30pm		
Sun 10th	Mothering Sunday Choral Evensong, St Martin's, 4:30pm		
Tues 12th	Parish Council meeting, Village Hall, 7:30pm		
Tues 12th	Lent course (Julian of Norwich), Village Hall, 7:30pm		
Weds 20th	Eastern Angles: Stones in his Pockets, Village Hall, 7:30pm		
Thurs 21st	Good Companions, Village Hall, 2:30pm		
Sat 23rd	V&V Coffee Morning, St Martin's, 10:30am		
Sun 24th	Palm Sunday Procession and Service, Village Green, 10am		
Fri 29th	Music and Meditation, St Martin's, 2–3pm		
Fri 29th	Art Exhibition: Opening Night, Village Hall, 7:30pm		
Sat 30th/Sun 31st/Mon 1st	Art Exhibition, Village Hall, 11am to 4:30pm		
Sun 31st	Easter Day Holy Communion, St Martin's, 4:30pm		

The Village Hall Bookings Administrator is Stevie Hobley 07469 715517 ~ bookings@newbuckenhamvillagehall.co.uk

Contributions for the April 2024 issue of New Buckenham Parish News should be submitted by 6pm on Wednesday 20th March to Richard Hoggett, 9 Church Street (860136), Katie Wyatt-Hupton, Orchard Cottage, Marsh Lane (308427) or by email to editor@newbucknews.co.uk.