New Buckenham Parish News



April 2024



Cover photo credit: Charles Oxley

New Buckenham Parish News

April 2024

Good Companions

The March meeting of the Good Companions was held on 21st March – we were down on members due to illness, and we wish them a speedy recovery. We were entertained by Allan Archer with a wildlife talk about British Garden Birds. Tea was served by committee members.

The next meeting will be held on Thursday 18th April at 2:30pm in the Village Hall – this will be our 75th birthday! All new members will be made very welcome. For further details please contact Diana Cole on 860636 or Christine Wilby on 860467.

Christine Wilby

Sponsor the Parish News

We are very grateful to Paul and Carol Martin for sponsoring this month's magazine. If you would be interested in sponsoring an issue of *Parish News* or advertising in the magazine, please contact Mary Dowson on 01953 860320 or email mdowson@btinternet.com.

Parish News Committee

Community Speedwatch Update

The Community Speedwatch Team continue to go out reminding motorists that we have a 20 miles per hour speed limit in the village to keep us all safe.

Sadly, we still see speeds of nearly 40 miles an hour near the park where children and families cross and people walk their dogs. Last year, two dogs off their leads, not listening to their owners (naughty pups!) were witnessed heading for the road, and we have lost another cat near the Turnpike, so another family is feeling the loss of a beloved pet.

We hear reports that Church Street remains a problem, particularly with the weekend traffic speedily heading to the Village Hall and not considering our lack of paths and children on bikes.

Residents also tell us that Chapel Street continues to be used as a rat-run during busy times of the day and with the school taxi services trying to beat hold-ups on King Street.

When the team is out, it is heartening to see traffic slow down and we hope our regular presence serves as a reminder for locals.

We would love to hear from anybody who would like to join us (email below) even for the odd session, as this lightens the load of our small dedicated group of volunteers.

We are a friendly group and it doesn't require a great time commitment, but it does make a difference. Thanks to everyone who appreciates our efforts and who chat to us when we are out, we value your support.

Sue Felton

Community Speedwatch Coordinator susan_felton@hotmail.co.uk

Call for plants

We'll be having a plant stall at the Old Vicarage during Open Gardens (30 June) and welcome all contributions. Profits go to the village's Gardening Group. So if you are splitting plants, sowing seeds or raising cuttings please think of doing a few extras for the stall. We can help with collection if needed. Thanks for your help.

Pat and Charles 860708

A big thank you to Kim...

...for the wonderful articles you have posted over the past few months.

Such a joy to read, beautifully observed, well researched and a clear indication of your large subject knowledge.

Keep doing what you're doing!

Kathie Steel

News from the Pews

Holy Week and Easter Services: By the time you read this our Holy Week and Easter celebrations will be almost over, so watch for report and thanks next time!

Coffee Mornings: Likewise you hopefully enjoyed V&V's Coffee Morning on 23rd March. The season continues with coffeemates! on 13th April when we will be raising funds for the church, and after that for a range of local and other charities. Dates through the summer are 11th May, 8th June, 13th July, 10th August, 14th September and 12th October. All at 10:30am with coffee, stalls and raffle. Watch out for our posters!

Service Rota: We are lucky to have more retired clergy helping out now, and another seven Authorised Worship Assistants in the group, so are still able to hold a service here at least three times a month. We always have a traditional Choral Evensong on the second Sunday of the month and informal Morning Prayer on the fourth Sunday, and would love to welcome you.

The Annual Parochial Church Meeting: With election of officers, will now take place at 5:30pm (after evensong) on Sunday 12th May.

During the Holidays: The church is open every day from 10am to dusk. We have a huge range of paperback books for sale, and children's books are free to borrow or keep. There are children's toys, drinking water, a loo, and a

collection point for the Waveney Food Bank. This is your village church, offering centuries of peace and reflection – please come and sit, explore, or walk in the gardens, whenever you like.

And talking of books: A big thank you to whoever donated a huge pile of mostly recent ones in beautiful condition last month. Hopefully there are still some left – come and have a look!

Contact details: Rev. Sarah Walsh is always happy to visit or chat. Contact her on 01953 571549 or 07809 430967. For details of services here, contact Susan, and queries about the premises, Louise, both numbers below.

Louise Casson (Churchwarden) 860191

Susan Hilton-Jowett (AWA) 860929

St Martin's	Services:	April	2024
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Sun 7th	10am	Group Holy Communion at New Buckenham	2nd Sunday of Easter
Sun 14th	4:30pm	Choral Evensong	3rd Sunday of Easter
Sun 21st	11am	Holy Communion	4th Sunday of Easter
Sun 28th	11am	Morning Prayer	5th Sunday of Easter

For more information about services, contact:

Priest in Charge: Rev. Sarah Walsh (01953 571549) Authorised Worship Assistant: Susan Jowett (01953 860929)

NEW BUCKENHAM COOD COMPANIONS

Started in March 1949 and still going!

We hold meetings on the 3rd Thursday of every month at New Buckenham Village Hall. Meetings from 2:30pm for a 2:45pm start.

Entertainments include speakers, singers, games, flower arranging, the birthday party and the Christmas party.

Followed by sandwiches, cakes, tea, coffee and raffle.

We have members from surrounding villages – everyone is welcome!

New Buckenham Parish Council

April's Parish Council Meeting will take place on Tuesday 9th April at the Village Hall. Please note that this will start at 7pm and will be followed by our Annual Parish Meeting at 8pm. This will be an opportunity to hear about the work of the Parish Council over the past 12 months, including updates on various projects, and plenty of opportunities for discussion and to ask questions about our work. All parishioners are warmly invited to attend either or both meetings, and to enjoy drinks and nibbles after the business of the meetings has been completed.

As was mentioned in last month's Parish News, Alice Cattermole has now taken over as co-ordinator of the Community Car Scheme. I know she has hit the ground running so many thanks for taking on this role, Alice.

I couldn't possibly mention the Community Car Scheme without mentioning Gerry Walsh, who has done a fantastic job as ACTING co-ordinator for the last three and a half years following the sad death of Violet Highton. Gerry initially found herself steering the scheme through the problems created by COVID and, since then, has been dealing with DBS Checks, medicals, insurance and payments. Gerry, on behalf of the Parish Council and all the users of the Community Car Scheme, may I send you a huge thank you for your commitment to the scheme. I know you may still be driving from time to time so thank you for that as well and thanks to all of our drivers of course.

As the clocks go forward and summer (!) is on the way, we can look forward to hearing the sound of leather on willow as New Buckenham Cricket Club begins its new season, which seems an appropriate time to issue a reminder to the small minority of dog owners who don't clean up after their dogs. Please ensure that you do so and please remember that NO DOGS are allowed anywhere on or around the Children's Play Area. Thank you.

We look forward to seeing you on 9th April and hope you will take the opportunity to join us to hear about current initiatives, ask questions and take part in the discussions.

Karen Hobley - Parish Council Chair karenhobley@hotmail.com / 01953 860529

Summary of Draft Minutes: March 2024

Present: Karen Hobley (KH), Chair, Mary Manning (MM), Paul Martin (PM), Don Crossman (DC), Mary Dowson (MD) and Angela Thornton (AT), Clerk.

No parishioners attended.

1. Minutes of the February meeting confirmed as correct subject to the addition:

Closed Churchyard: clarification sought on planting. Approved.

Continued overleaf...

2. Matters Arising

- a) Village Gateway: EDP published result of Parish Partnership application. Awaiting official confirmation.
- b) County Broadband Agreement: still with solicitors.
- c) Establishment of community woodland: Two further possible sites have been identified (Cuffer Lane and back of Marsh Lane). Action AB.
- d) Electric Car-Charging Point: NBVHT confirmed it is going ahead.
- e) NBPC email services: new addresses circulated.
- f) Following concerns raised at the February meeting regarding parking inhibiting traffic specifically Grange Road/Pickwick House/White Lodge: matter resolved.

3. Public Participation: None

4. Financial Matters

- a) Bank reconciliation for February approved.
- b) Following the agreement last month to approve the Community Project Fund application from the PCC for a contactless payment device and plinth for the church, St. Martin's Church may not be able to install due to qualifying criteria. The grant may have to be returned this financial year.
- c) Payments for March were approved.

- 5. Planning: No new applications
- 6. Amenities
 - a) Closed Churchyard: ready for contractual weeding.
 - b) Cemetery: a parishioner has requested permission to reinstate a family headstone due to storm damage. H&S check may be needed on all headstones.
 - c) Allotments:
 - i) Now all let.
 - ii) Ideas for the cleared area: wildflower area or raised beds as an extension to the children's garden project.
 - d) Play Area/Cricket Pitch

Pressure washing of play equipment to be done when the weather improves. Action DC.

- e) Defibrillator: has been accessed and returned but not used. KH suggested putting postcode on it.
- 7. Public Footpaths: access issues Footpath 14 High London Farm. AB to contact the farmer.
- 8. Community Car Service- co-ordination is now Alice Cattermole phone number 860136.

Mary Dowson for NBPC

The Violet

Showing deep purple flowers through to pale lilac and occasionally white, there are two varieties of wild violet around the lime trees on Market Place. Their delicate flower stems, up to 5" tall, appear through low growing heart-shaped leaves. Fairly widespread across the UK growing under hedges and in woodland, the flowering of the dog violet and sweet violet overlap, blooming from mid February up until May or June. They are an important food source for three rare Fritillary butterflies, feed the larvae of the Silver-Washed Fritillary and provide nectar for the orange tipped butterfly which can be seen in the village from early spring. The dog violet has no scent whereas the superior sweet violet has a delicate perfume. With a subtle taste, the flowers and leaves of the sweet violet can be eaten although its roots and seeds are toxic.

Wild violets spread easily through their rhizomes, a horizontally creeping root which allows new shoots to grow upwards creating a new plant on the surface. Although the wild violet grows and spreads easily and does not dominate other plants, they started to decline in the mid 1950s. This was due to a change in farming methods which saw hundreds of miles of hedgerow ripped out.

This delicate little flower seems to be associated equally with death and grief as with new life and romance. Legend says that the sweet violet will steal your sense of smell. This may come from the fact that the flower contains the

chemical beta-ionone which can temporarily dampen smell receptors.

There are many legends surrounding the flower and its colour in Christianity. One of them tells that the flower, appearing on the downward curved tip of the stem, is said to have turned its head down from the sun in grief when the shadow of Christ's cross fell upon it. In ancient Rome the violet symbolised innocence and grief and was laid on the graves of babies and children.

During Victorian times, the language of flowers was hugely important. Signifying death they felt it was unlucky to take violets inside, and picking one with dew still on it meant the death of a loved one. With its nodding deferentially bowed head the violet symbolised modesty and fidelity. This attribute is also responsible for the term 'shrinking violet' coined by English poet Leigh Hunt in 1820 and meaning modest and shy.

Josephine, Empress of France, loved violets and had them embroidered onto her wedding gown. Napoleon then made it a tradition to give Josephine fresh violets on each wedding anniversary. He also commissioned perfume to be created for her from rose and violet. The violet became a symbol of the Napoleonic era, being viewed as a symbol of hope and of success.

Continued overleaf...

The use of violets in perfume goes back to ancient Greece where they were seen to represent fertility and romance. Greek mythology says the arrow of Eros accidently struck the flower turning the resultant juice into an erotic love potion. In medieval England violets were used as 'strewing herbs', strewn on the floors as a kind of household deodorant to sweeten the rooms. To satisfy the Victorian's craze for violets they were grown commercially in Dawlish, Cornwall. A tithe map of 1880 shows just six small plots. Twenty-five years later the map showed a maze of 120 tiny plots surrounded by stone walls, built with stones cleared from the land. It was then enriched with sand and seaweed. By 1916 there was a total of 200 acres of violets in Dawlish with many growers sending their small bunches of flowers to Covent Garden in London on a special train. The train stopped many times enroute picking up boxes of flowers from other Cornish growers. By 1936 trade was flourishing with posies regularly sent to the Queen Consort (later the Queen Mother). However, once World War II started, fields were given over to food production and the trade declined.

The sweet violet root can be used in remedies for coughs, colds and bronchitis as it has an expectorant effect. With its bioflavonoid rutin, the violet can aid blood circulation and lower blood pressure.

With cooling and soothing properties, it is also an antiinflammatory helpful in reducing the symptoms of arthritis and as a poultice for chafed skin, insect bites and eczema. The salicylic acid it also produces was taken as a painkiller. Just a little confusing as the root is considered to be toxic...

However, the flowers of the sweet violet are well known for their culinary uses when crystalised for cake and dessert decorations or eaten freshly picked. It is also possible to make violet syrup, flavoured vinegar and a tea infusion.

Perhaps the best way to eat violets, with a little dash of nostalgia thrown in, is Swizzels Devon Parma Violet sweets – little concave discs in a cellophane wrapper costing 1d at the sweet shop. Traditionally they were used as a breath freshener in India after a spicy meal. Their flavour is described as sweet with a delicately perfumed taste.

Swizzels started making them in their Derbyshire factory in 1946 although something similar was made back in the 1600's. In the 1700's a flower pastry created with crushed violet petals, rose water and sugar was moulded into pastils and eaten as sweets. Today, Swizzels produce 100 million tubes of Parma violets a year. (Really?)

On Saturday mornings in the sixties, walking the two miles into town with his canvas holdall to do the weekly shop then struggling back with it, dad would carefully hold the delicate posy of violets nestled in their heart-shaped leaves, bought with his saved bus fare, as a little gift for my mum.

The romance of the sweet violet is definitely the most captivating symbol for me.

Kim Cutmore

Weavers (by the sheep)

The Crocus – a correction

More than 40 years ago in an English class of older students, we were asked for the plural of crocus. 'Croci!', we shouted out. 'I knew you'd say that – WRONG!', said the teacher. 'The plural of crocus is just that, CROCUS!...'.

Wind on a few years and we find that common language usage has changed. He was wrong and we were right, the correct plural is croci, although the most common use, crocuses, is just as right.

I stand corrected.

Kim

New Buckenham Parish Council

Chair: Karen Hobley

(01953 860529 / karenhobley@hotmail.com)

Vice-Chair: Andrew Bingham

(01953 861150 / andrew.bingham100@gmail.com)

Councillors: Don Crossman (01953 861246)

Mary Dowson (01953 860320) Steve Highton (01953 860000) Mary Manning (01953 861242)

Paul Martin (01953 861117)

Clerk: Angela Thornton (01953 887830 /

parishclerk@newbuckenham.net)

The Parish Council meets at 7:30pm on the second Tuesday of every month at the Village Hall. Further information can be found on our notice board on the Village Green or www.newbuckenhampc.info.



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Dates For Your Diary

	March 2024
Fri 29th	Remembrance Lilies and Music, St Martin's, 2–3pm
Fri 29th	Art Exhibition: Opening Night, Village Hall, 7:30pm
Sat 30th/Sun 31st/Mon 1st	Art Exhibition, Village Hall, 11am to 4:30pm
Sun 31st	Easter Day Holy Communion, St Martin's, 4:30pm

April 2024	
Tues 9th	Parish Council meeting, Village Hall, 7pm (followed by Annual Parish Meeting at 8pm)
Sat 13th	Coffeemates!, St Martin's, 10:30am
Thurs 18th	Good Companions, Village Hall, 2:30pm

The Village Hall Bookings Administrator is Stevie Hobley 07469 715517 ~ bookings@newbuckenhamvillagehall.co.uk

Contributions for the May 2024 issue of New Buckenham Parish News should be submitted by 6pm on Sunday 21st April to Richard Hoggett, 9 Church Street (860136), Katie Wyatt-Hupton, Orchard Cottage, Marsh Lane (308427) or by email to editor@newbucknews.co.uk.

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